



# the weekly Window

October 1, 2021

Out to the life and ministry of Hudson Memorial Presbyterian Church (USA)

## Sunday Morning Adult Faith Formation

### “Re Gathering”

Everyone is invited to join us from 9:30-10:20 each Sunday morning for a variety of offerings as part of your sabbath practice. As we come back together in person this fall, we will provide opportunities that will nurture our bodies, minds and spirits through different formats, some that are physically active and others through hands on experiences, some inside and some outside.

New this year is a designated place for silent reflection and prayer. In the months to come, the Adult Committee will have offerings designed to equip adults living out their faith in the world in the areas of current issues and culture; bible study; peacemaking, justice and mission; spiritual formation and practice; and reformed theology, there is a lot to choose from!

A variety of resources including classic theological literature, current books, music, and media are used to engage us in sharing faith with one another. All are designed for adults of any age and stage in life and faith. They will encourage thoughtful engagement with scripture, vigorous discussion of challenging issues, and reflective consideration of spiritual practices. Masks are required for all inside groups, they are optional for outside ones. Current offerings include:

**Gathering 1 WH South** In this group are members of the “John Knox” and “Mixed Adults” classes along with newer members and guests. They enjoy a presentation and discussion format. October 3, 10 and 17, Ron Ash leads a conversation on Jesus’ model of compassion using “The Twelve Steps to a Compassionate Life” by Karen Armstrong. Rev. Jimmy Hulsey continues “Exploring the Presence of God” on October 24 and 31. Rev. Aleta Ash facilitates November 7, 14 and 21 with the theme “Disciples: Them and Us, Then and Now.”

**Gathering 2 Westminster Hall Patio** Join us for “Patio Ponderings” facilitated by Gil Graybill, John James, John Oldenburg and Fred Woodward. This informal group is for all who would like to consider faith in light of contemporary issues. If you would like a place to share

what challenges and opportunities you have right now and how your faith is informing your life, please join us! Topics and resources will be guided by the group and may include information (i.e., book study) and transformation as we connect with others. Begins October 10.

#### Gathering 3 Parlor - Silent Reflection and Prayer

For those who need a quiet space to be still and mindful, the Parlor is available. Suggestions of ways to use the space are provided using *Words to Build On: Words of Scripture for Remembrance and Reflection* and guides for personal prayer. The opportunity to light a candle as a symbol of the light of Christ and or in memory or honor of someone will be available. This will be one option for the space, another is just to sit quietly, pray if you would like, etc. In order to keep the sanctity of the space, the area is not for visiting. Begins October 10.



**Gathering 4 Room 200 “Sacred Creations”** where we will be engaging in various creative pursuits as a means of personal worship and sacred self-expression. October 10 “Soul Collage” we will be using magazine clippings of words, photos, phrases to make a collage that expresses whatever you need to express, whether its feelings related to the last eighteen months of unprecedented stress and uncertainty, expressions of hope for the future God have planned for us or anything else that is on your mind and heart. Monthly.



#### Gathering 5 Labyrinth Self-Guided Labyrinth Walking



**Meditations** - Another outside option that will require social distancing but not masks will be a self-guided Labyrinth Meditation option. A guide to walking meditations and suggested material for reflection

and some Sundays tokens of focus to carry on your journey will be available at the Labyrinth on or in front of the Welcome Box.

# What Belonging Means to Me

I'm Shawn Jackson and I belong to Hudson Memorial Presbyterian Church. I also belong to the Giving Ministry and we are excited to kick off the 2022 Pledge Campaign. The theme is, "Belonging: What does it mean to you?"



The Giving Ministry's job is to identify and mobilize resources so the church can make a difference in the community and around the world. In order to make that difference, we ask for gifts of your time, talent and treasure.

We invite you to think about places within our church where you feel a sense of belonging. Is it here in worship? Is it through a

particular ministry? It might be during fellowship. Maybe it is from the friendships you've made or the through the faith you have enriched.

My first committee experience at Hudson was serving on the Hudson Memorial Preschool Board at a time when the Preschool was experiencing declining enrollment. We had to think creatively and analytically while working our way through tough decisions. We had to separate wants from needs. And, we set aggressive goals to take our Preschool program to the next level. The Board's relationships strengthened amid many rich discussions. We put in hard work, found consensus and ultimately guided the Preschool

program in a new direction.

From that experience, I gained a sense of belonging.

- I built a treasured friendship with Board Chair, Sharon Cole who was leading us through that time.
- I learned from Tripp McDuffie's experience as a builder and general contractor as we reimaged the Preschool playground.
- I discovered the value of Bruce Cox's diplomacy and insights.
- I appreciated the hard working leadership of Ashley Edmister who went on to chair the Board the following year.
- I found that to be a bonding experience. And, I feel proud of how much the Preschool program has flourished since that time.

In addition to volunteering our time, my family makes an annual financial pledge. It allows us to plan an amount and payment schedule that works for our family. Pledging also helps the church budget and plan for the year ahead. If we are going to make a difference, it takes people as well as funding. Soon, you will be receiving a pledge brochure with details about the ways you can give.

Belonging: What does it mean to you? How will you give of your time, talent and treasure to make a difference in our community and around the world? Thank you for your prayerful consideration as we move towards Commitment Sunday on November 14.

## COVID 19

# Hudson's Current Policies

The below policies have been set or reviewed by Session, the COVID-19 Sub Team, Personnel Committee or the Hudson Memorial Preschool Board. All below policies are subject to change.

- Church staff can work from the office or at home.
- For preschool drop off, no parents come inside the building.
- The preschool is following NCDHHS tool kit and guidance.
- Groups of any size can gather outside without masks. Eating outside on church property is permitted.
- Masks are required at all times inside the church building. Exceptions to this are:
  - Vaccinated speakers, soloists and small singing groups in worship who are appropriately socially distant from the congregation.
  - Staff who are working alone in their office.
- Sunday worship children's message volunteers must wear masks when giving their talk because the children are not socially distant from the speaker.
- Church and preschool staff must verify their vaccination status with their supervisor.
  - If a staff member or teacher is unvaccinated they are required to wear a mask at all times while on the church property, both indoors & outdoors.
  - Unvaccinated staff and teachers must show their supervisor a weekly negative test to come to work at the church or preschool.
- Groups are not allowed to eat together inside the church buildings. The exception to this rule is preschool children have lunch and snack time in their class bubble.
- Please love your neighbor by staying home if you have COVID symptoms or do not feel well. Thank you!

## Faith Formation

# Waking Up with the Word

Tuesday, October 5th

6:30 am WH Patio



All men are invited to join this group for scripture reflection, discussion, fellowship and coffee. The group uses an ancient bible study process called Lectio Divina. We look at the passage that will be preached on the upcoming Sunday. The study revolves around three questions:

- What is a word or phrase that stands out to you?
- Allow that word or phrase to develop into a memory from your life, a thought on the passage or metaphor
- What is Christ calling you to through the passage?

No previous bible study experience is needed. It is a great group of guys who are welcoming and wise in their comments. For our in-person meetings coffee and bibles are provided. [If you have questions or would like to be added to the email distribution list, please contact Pastor Mac.](#)

# Brown Bag with Pastor Mac @ Noon

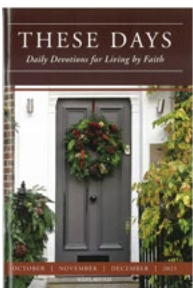


**Monday, October 4th, WH Patio**

We will be studying Session 2 from Being Reformed: The Confession of Belhar. Since we are planning on meeting outside, participants are welcome to bring lunch. [Questions? Please contact Mac Schafer](#)

## Devotional

# These Days



**October-December Issue Is Here!**

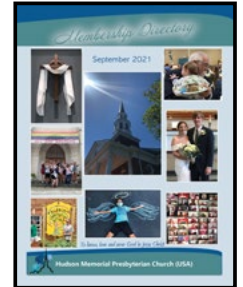
The October-December issue of *These Days* has arrived. Copies are available at the entrances. [Please contact Pat Cash, 919-787-1086](#), if you would like one mailed to you.

## HMPC On-line Directory

# Stay Connected!

Have you signed up for Hudson's online church directory? We hope this photo directory will help deepen your connections to one another.

You will use your email address as listed in our directory to create a log-in the first time you use the directory online AND via the mobile app. Please remember, you must confirm your email address before you can sign in. To view the directory on your device:



Download the free mobile app available at the Apple® App store in iTunes®, Google Play™ store and the Amazon Fire App Store. Simply search for "Instant Church Directory" to get the download. You will use your email address listed in the directory to CREATE A LOGIN the first time you use the directory app.

To view the directory online, go to [members.InstantChurchDirectory.com](#) and follow the prompts under "Sign In" to "Create a login now." If the information listed needs to be updated, you may do that online or in the app. Feel free to add birthdays and anniversary if you wish.

If your email is not listed in the directory, OR if you have trouble logging into the app or updating your information, contact [Pat Cash](#), or at 919.787.1086

Please remember this directory is for the benefit of Hudson's members, and is not to be used for commercial purposes.

## HM Preschool

What a terrific time to be a preschooler! The weather has been beautiful the past few weeks as we enjoy many outdoor activities such as Chapel with Mac, Cary and Barbara as well as Movement with Ms. Lauren. The children have wrapped up their All About Me unit and have moved on to Community Helpers, such as grocery store workers, firefighters and dentist.

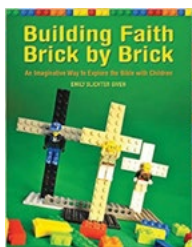
School spirit is at an all time high with HMP t-shirts for adults and children ordered and on the way!

HMP had several flooring projects wrap up in August, four classrooms had new carpet tiles installed and what a difference it has made. Between the new flooring and the children art on the walls, the school is looking better than ever.





## Children's Ministry



### Extra Lego Pieces?

Hudson Sunday School program is using a curriculum using Lego

called "Building Faith Brick by Brick." Here's where you come in: everyone has LEGO! And we need them! Whether your LEGO pieces never get used OR your LEGO pieces never get put away OR you've run out of space to store your LEGO pieces, our Hudson Sunday school program has a solution. Bag them up or box them up and bring them to church. We'll sort them by color, shape and size and create individual kits for our kiddos! Thank you!

This past Sunday, the children learned about Joseph and His Brothers using LEGO! LEGO is a playful and tangible way for them to explore Bible stories in a whole new way. Each child made something different, but we all had fun! The children are incredibly proud of their creations so look for them on display.

## Kids Day at Food Bank

Join us for a Halloween themed Kids Day at the Food Bank on October 9th from 2-4pm! This event is open to children ages 5 to 11 years old accompanied by an adult. Children are encouraged to come dressed in their costumes or their silliest outfit! Both adults and children must wear a mask and closed toed shoes at all times. We currently have slots for six people and registration is on a first come, first served basis. [For more information please contact Cary Dickerson.](#)



## Music for Children

**Pre-Elementary: Wee Worshippers, Room 225 9:30 am**  
Children are invited to participate in our pre-K music program called the Wee Worshippers during the 9:30 hour. Children will sing and play instruments to age appropriate music. They will even join Joyful Noise to perform in worship a few times throughout the year!

**Joyful Noise: Grades K-4, Geneva Hall/ Music Room 9:30 am**

Joyful Noise is our Elementary age music program led by Gina Hayek. Using games and activities and playing instruments, children learn about Bible stories appropriate to their age and development. Joyful Noise children will have the opportunity to lead worship a few times a year through music and simple pageants.

**Joyful Noise will perform on next Sunday for Children's Sabbath, October 10th.**



## Youth Ministry

### Youth Programs

#### Sunday Mornings:

- **Sunday school Announcement: Due to the Middle School Retreat at Camp Kanata, THERE WILL BE NO EXPLORERS CLASS or CONFIRMATION CLASS the morning of October 3rd - Please make note.**
- **Currently, HMPC does not have a High School Sunday school class.** This mainly is due to very low to no numbers where teachers outnumber the students. The Youth Committee at HMPC is looking at how we might serve our High Schoolers during the Sunday school hour on Sunday mornings, (9:30 to 10:20) Stay tuned for possible offerings for this age group.

#### Sunday Afternoons:

- **Middle School and High School Youth Group** 5:00pm to 6:30pm. NOTE: This year the afternoon schedule is a bit different than previous years. Also, there will NOT be a meal component as a part of Youth Group. Snacks and drinks although will be provided on a week to week basis.
- **4:30pm - 5:00pm - Youth Music with Barbara** Youth interested in participating in the music program here at HMPC.
- **5:00pm - 6:30pm Youth Group** (Middle School grade 6-8 and High School grade 9-12) Come join us for recreation, study, mission and worship activities balanced throughout the year.

[Contact Rich Richards here](#)

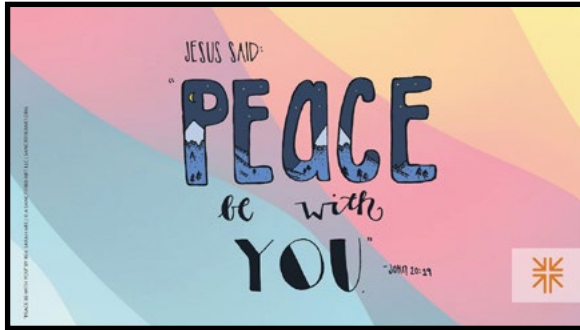
## Youth Group

### Decision to Return to 6th - 12th grades for Youth Group

On Monday, September 20, 2021, the Youth Committee of Hudson Memorial Presbyterian Church decided to return to the traditional Middle School model of 6th-8th grades for evening youth group activities effective immediately. These activities include weekly Sunday afternoon/evening Youth Group, Presbytery Retreats, (New Hope Presbytery Fall Retreats) National Conferences (Massanetta Middle School Conference during the summer months) and any other 6th-8th grade youth activities offered by the PC(USA).

This will NOT affect the Sunday morning Sunday school "Explorers Class" which will remain as a 5th to 7th grade class. This will also NOT affect Youth Music on Sunday afternoons from 4:30pm to 5:00pm. 5th graders are welcomed to continue with Barbara's leadership during this time.

## Peace and Global Witness



### Special Offering for PCUSA - Peace and Global Witness

We will be receiving a Special Offering for Peacemaking and Global Witness in October. A gift to the Peace & Global Witness Offering enables the church to promote the Peace of Christ by addressing systems of conflict and injustice across the world. HMPC will use 25% of this Offering for Hunger Action, Mid councils retain an additional 25% for ministries of peace and reconciliation. The remaining 50% is used by the Presbyterian Mission Agency to advocate for peace and justice in cultures of violence, including our own, through collaborative projects of education and Christian witness. You may drop your donation in the church's mailbox (under the large oak, across from the office,) mail it, [donate online](#) or text to give. **Here is how to text to give:** Text amount to 888-906-0744. (example: 25 peace).

### Music Corner

## Youth Music

We are leading in worship this Sunday! Rehearsal at 10 am in the sanctuary.

No rehearsal in the afternoon but join us next Sunday, October 10, from 4:30 – 5:00 PM in Westminster Hall. [For more information contact Barbara.](#)

## Chancel Choir

Join the Chancel Choir as we begin learning our seasonal anthems on Wednesday evenings from 7:30-9:00. The Community Thanksgiving Service, Advent, Christmas Joy Celebration concert and Christmas Eve services are all coming up. We would love to have you sing with us for all these festive occasions. [For more information contact Barbara.](#)

## Tend My Sheep

The October Tend My Sheep collection will be holiday dinner items for the food pantry at North Raleigh Ministries. On Sunday morning, Oct. 24, we will collect instant mashed potatoes, boxed stuffing and gravy packets or jars. These will be assembled into bags at NRM to be distributed to families in need shortly before Thanksgiving. Volunteers are needed at North Raleigh Ministries to sort food donations and assemble bags, especially during the week of Nov. 1-5.



## Hands-On Service Event

The Hunger Action Team is planning a HANDS-ON service event on Saturday, October 9th. We will be packing Breakfast Bags for Meals On Wheels. These bags will be distributed to their clients.

When: Saturday, October 9 from 10am to Noon

Where: HMPC

Who: ALL ages Welcome! Families are encouraged to attend.

Why: Supporting those in need in our community is a vital part of who we are.

All Covid-19 protocols will be followed.

[Please contact Beth Billman with questions.](#)

## Volunteer at the Food Bank

The Mission Committee has scheduled designated times for HMPC as part of our commitment with the Food Bank. Volunteers will be providing assistance in various activities including: sorting out produce and food donations, creating CSFP and Disaster Relief boxes, and packing food items such as cereal, pasta, eggs and other dry food. We have set up two standing monthly volunteer shifts: the second Wednesday evening from 6:00-8:00pm and the third Saturday morning from 9:00am-12:00pm.



Use the link below to see the dates we will be working and to sign up to participate. The Food Bank does require that volunteers be masked inside the warehouse. Youth ages 12-16 may volunteer with a parent, over 16 do not need a parent in attendance; youth may be able to count these as service hours.

[Please contact Beth Billman,](#) with any questions.

[https://www.cervistech.com/acts/console.php?console\\_id=0225&console\\_type=event\\_list&event\\_id=21&ht=1&res\\_code=HudsonMemorial](https://www.cervistech.com/acts/console.php?console_id=0225&console_type=event_list&event_id=21&ht=1&res_code=HudsonMemorial)

## Calendar

### Sunday, October 3 - World Communion Sunday

- 9:30 am - Joyful Noise - GH
- 9:30 am - Wee Worshippers - Room 225
- 9:30 am - Adult Faith Formation
- 10:30 am - Worship
- 10:45 am - Children's SS - Playgarden
- 11:30 am - Fellowship
- 11:30 am - Hudson Connects Walking Tour & Lunch
- 5:00 pm - HS Youth Group

### Monday, October 4

- 12 Noon - Brown Bag Lunch - WH Patio
- 5:30 pm - Personnel - Zoom
- 7 pm - PW Coordinating Team
- 8 pm - Alanon, AlaTeen, AlaKid - GH, 227, 236

### Tuesday, October 5

- 6:30 am - Waking Up With the Word - WH Patio
- 9:30 am - Staff Meeting
- 1 pm - Single Way - Piper's Tavern
- 6:30 pm - Giving Ministry - WH South
- 7:30 pm - Boy Scouts - GH, 234

### Wednesday, October 6

- 9:15 am - Women at the Well - Parlor
- 6:15 pm - Handbells
- 6:30 pm - Children's Committee
- 7:30 pm - Chancel Choir

### Sunday, October 10 - Children's Sabbath

- 9:30 am - Joyful Noise - GH
- 9:30 am - Wee Worshippers - Room 225
- 9:30 am - Adult Faith Formation
- 9:30 am - Explorers SS - Room 226; Confirmation Class - Room 234
- 10:30 am - Worship
- 10:45 am - Children's SS - Playgarden
- 11:30 am - Fellowship
- 11:30 am - Hudson Connects Walking Tour & Lunch
- 4:30 pm - Youth Music
- 5:00 pm - MS & HS Youth Group

## Worship & The Arts

# World Communion Sunday



The first Sunday in October is designated as World Communion Sunday, which celebrates our oneness in Christ with all our brothers and sisters around the world. Paul tells us that we are to “discern the body” when we partake of Holy Communion, mindful that we note our relationship to all our brothers and sisters in Christ in the celebration. Thus it is appropriate that World Communion Sunday is also a time when we receive the annual Peace and Global Witness Offering as a way of continuing the ancient Christian practice of sharing what we have with brothers and sisters in need.

## Live-Streaming Sunday Worship

For those unable to attend worship in person, we will be live streaming the services. Please know that the live streams will also be recorded and posted on the church YouTube channel, as well as the church website.

[Click here to live-stream or watch recording of this Sunday's 10:30 am service.](#)

**Sound Technicians Needed** - We are in great need of people to help run our sound system and stream our service. All that is required are good ears and a willingness to learn. [If interested, contact Barbara Loehr-Fox](#), or someone at the soundboard. We so appreciate our present sound team: John Whisler, Barton Meeks, plus new streamers, Sarah Bedini, Erik Jacobsen, Tiya Komono, Mia Komono.

## Baptism

Congratulations to Matthew & Cynthia Bowles on the baptism of their son on Sunday, September 26th in worship.



## Nursery is Open



## on Sundays!

Our nursery is open during worship. Your children from birth to 3 years old will be safely taken care of by our compassionate, trained, and responsible childcare

workers.

[Contact Cary Dickerson, Interim Director of Children's Ministries if you have any questions.](#)



## Presbyterian Women

# HMPC Presbyterian Women Honorary Life Member 2021



Ken Krause is a husband, father, son, uncle, friend, pharmacist, vaccine clinic volunteer, platelet donor, wood and metal works artist, mission volunteer, children's church speaker, HMPC Handy Helper, HMPC Chancel Choir vocalist, church and community property volunteer and craftsman. Ken is also HMPC PW's selected Honorary Life Member in 2021.

"Honorary Life Membership in Presbyterian Women is conferred upon a woman or man in recognition of faithful service in some area(s) of the church's work."

Ken has devoted himself to faithful service across many ministries both at Hudson Presbyterian and in the wider community. Ken is a longtime blood and platelet donor, and he has added vaccine clinic volunteerism to his schedule in 2021.

If one were to walk the halls of HMPC, Ken's skill and craftsmanship is to be noticed in the lighting, cabinetry, preschool wing, choir and children's staging equipment, in the artistic installations outdoors, and more.

Ken's selfless donation of time and talent to ministry works, to his community, and to his friends' and family's skilled projects and joyful belonging are why HMPC PW proudly honors Ken Krause.

See PW award video compilation that played in service on Sept. 26, 2021: [https://drive.google.com/file/d/1VzKcEryLKonxM6MiLG2ZQ\\_J22OIfWvwP/view?usp=sharing](https://drive.google.com/file/d/1VzKcEryLKonxM6MiLG2ZQ_J22OIfWvwP/view?usp=sharing)

## Personnel

# Sunday Morning Childcare Workers

Hudson Memorial Presbyterian Church is looking for caring, reliable childcare workers for our church nursery! This is a part-time opportunity on Sunday mornings from 9:00 am - noon. Please send a resume or inquiry email to [Cary Dickerson, Interim Director of Children and Family Ministries](mailto:Cary.Dickerson@hmpc.org)

# Part-time Communications Specialist

Hudson Memorial Presbyterian Church is looking for a part-time (25 hours per week) Communications Specialist. This position will be responsible for all marketing and publication materials put out to the public and members of the church. The position supports staff, officers and ministry leaders in conveying the church vision and message to their target audience.

Responsibilities include branding, electronic resources and printed materials. Hudson is looking for an excellent communicator with the capacity to produce high quality work and juggle multiple projects.

Applicants should have proficient knowledge of social media and strong technical skills with Adobe Creative Suite and Microsoft Office. A Bachelor's degree with concentration in Communications or Marketing is preferred.

If you know someone who might be interested in the position please have them send a cover letter and resume to [jobs@hmpc.org](mailto:jobs@hmpc.org). The successful candidate will be not be a Hudson member or family member.

# Organist/Music Assistant

We are beginning our search to fill the part-time organist position here at Hudson. [Please click here for more information.](#)

If you know of someone who might be interested, please contact anyone on the Search Committee: Barbara Loehr-Fox, Emily Brown, Carol Cox and Dan Vig.



4921 Six Forks Road, Raleigh, NC 27609  
(919) 787-1086 Fax (919) 510-9990  
[www.hmpc.org](http://www.hmpc.org)

RETURN SERVICE REQUESTED

## Staff Directory

**Mac Schafer** – Pastor & Head of Staff -  
[mschafer@hmpc.org](mailto:mschafer@hmpc.org)

**Debbie Kirk** – Associate Pastor, Spiritual Growth &  
Nurture - [dkirk@hmpc.org](mailto:dkirk@hmpc.org)

**Aleta Ash**, Minister of Visitation – [aash@hmpc.org](mailto:aash@hmpc.org)

**Barbara Loehr-Fox**, Director of Music Ministries  
[bloehr-fox@hmpc.org](mailto:bloehr-fox@hmpc.org)

**Rich Richards**, Interim Director of Youth Ministries –  
[r-richards@hmpc.org](mailto:r-richards@hmpc.org)

**Cary Dickerson**, Interim Director of Children & Family  
Ministries – [cdickerson@hmpc.org](mailto:cdickerson@hmpc.org)

**Gina Hayek**, Director of Joyful Noise – [ghayek@hmpc.org](mailto:ghayek@hmpc.org)

**Carol Yeargin**, Organist – [carolyeargin@gmail.com](mailto:carolyeargin@gmail.com)

**Pat Cash**, Business Administrator – [pcash@hmpc.org](mailto:pcash@hmpc.org)

**Cheri Thomas**, Bookkeeper - [cthomas@hmpc.org](mailto:cthomas@hmpc.org)

**Dorothy Roche**, Preschool Director – [droche@hmpc.org](mailto:droche@hmpc.org)

**Joyce Hawkins**, Assistant Preschool Director –  
[jhawkins@hmpc.org](mailto:jhawkins@hmpc.org)

**Hope Parangi**, Church Hostess – [hparangi@yahoo.com](mailto:hparangi@yahoo.com)

## Yoga & Yogurt

**Saturday October 16th at 10:00 am**



The Deacons invite you to take a fall break with Yoga and Yogurt on Saturday, October 16th at 10 am. Join us in a relaxed time of care for our bodies, minds and spirits using practices of mindfulness through yoga. It will be held outside and suitable for all levels of mobility, including chair yoga for those who prefer to not get on the ground. People should bring a yoga mat or beach towel. Chairs will be provided. [Please RSVP to Pat Cash](#) or 919-787-1086. Beginners are welcome. The workshop will end with a delicious, healthy, yogurt bar. All are welcome!