



Out to the life and ministry of Hudson Memorial Presbyterian Church (USA)

Mac's Meanderings

For One Who Is Exhausted

The other morning I was reading John O'Donohue's *To Bless the Space Between Us*. He has a section in that book called States of Heart and a blessing "For One Who Is Exhausted." He writes,

When the rhythm of the heart becomes hectic,
Time takes on the strain until it breaks;
Then all the unattended stress falls in
On the mind like an endless, increasing weight.

The light in the mind becomes dim.
Things you could take in your stride before
Now become laborsome events of will.

For me, O'Donohue hits on some of the things I have felt over the past 19 months as we have made our way through the pandemic and numerous other events that have been on our hearts. But thankfully, his blessing doesn't stop with the above words. He continues,

You have traveled too fast over false ground;
Now your soul has come to take you back.

Take refuge in your senses, open up
To all the small miracles you rushed through.

Become inclined to watch the way of rain
When it falls slow and free.
Imitate the habit of twilight.
Taking time to open the well of color
That fostered the brightness of day.

Draw alongside the silence of stone
Until its calmness can claim you.

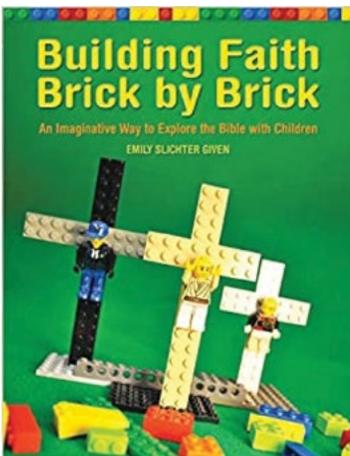
Be excessively gentle with yourself.

As we enter the fall, still in cultural chaos and unpredictability, may the Spirit nudge you to shift gears so you can notice, once again, what is provided by the One greater than yourself.

You are not alone,



Children's Ministry



Extra Lego Pieces?

Starting this fall, the Hudson Sunday School program will use a curriculum using Lego called "Building Faith Brick by Brick." Here's where you come in: everyone has LEGO! And we need them! Whether your LEGO pieces never get used OR your LEGO pieces never get put away OR you've run out of space to store your LEGO pieces, our Hudson Sunday school program has a solution. Bag them up or box them up and bring them to church. We'll sort them by color, shape and size and create individual kits for our kiddos! Thank you!

Adult Faith Formation Opportunities (aka The Gathering) Sundays 9:30-10:20am begin September 12

We are grateful for the many virtual faith formation opportunities that are ongoing and we are also excited about the long awaited return to some in person offerings, especially on Sunday mornings! All adults who would like to gather in person for fellowship, consideration of Christian discipleship grounded in the teachings of scripture, and discussion of current events are invited to join one of the three available offerings. Topics and formats will vary depending on the participants and leadership. As we gauge your interest and availability we will add to/amend these offerings accordingly for the fall semester.



- Offering 1 (aka the John Knox Class) will meet in the south end of Westminster Hall, masks required. Nancy Law will begin the semester sharing a favorite Psalm as the basis for discussion of its application to our daily lives. Coordinators: [Mike](#) and [Nancy Law](#)
- Offering 2 (aka the Mixed Adults Class) will meet in the Parlor, masks required. This group has lively conversations based in Scripture, about various books, and using media sources that challenges us and is led by a team who will present either a series or one off topics to help explore and understand our faith in our daily life. Coordinators/Leaders: [Ron Ash](#), [Jimmy Hulsey](#), and [Susan Grigg](#)
- Offering 3 will meet outside at the Labyrinth/Fire Pit area on the north end of our campus. Those who would like join others for his informal time of reconnecting over coffee (provided) will want to bring a lawn chair, masks are not required outdoors. Coordinators [Susan Bradshaw](#) and [Lindsey Crone](#).

COVID 19

Hudson's Current Policies

The below policies have been set or reviewed by Session, the COVID-19 Sub Team, Personnel Committee or the Hudson Memorial Preschool Board. All below policies are subject to change.

- Church staff can work from the office or at home.
- For preschool drop off, no parents come inside the building.
- The preschool is following NCDHHS tool kit and guidance.
- Groups of any size can gather outside without masks. Eating outside on church property is permitted.
- Masks are required at all times inside the church building. Exceptions to this are:
 - Vaccinated speakers, soloists and small singing groups in worship who are appropriately socially distant from the congregation.
 - Staff who are working alone in their office.
- Sunday worship children's message volunteers must wear masks when giving their talk because the children are not socially distant from the speaker.
- Church and preschool staff must verify their vaccination status with their supervisor.
 - If a staff member or teacher is unvaccinated they are required to wear a mask at all times while on the church property, both indoors & outdoors.
 - Unvaccinated staff and teachers must show their supervisor a weekly negative test to come to work at the church or preschool.
- Groups are not allowed to eat together inside the church buildings. The exception to this rule is preschool children have lunch and snack time in their class bubble.

Adult Faith Formation

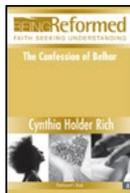
Brown Bag with Pastor Mac

Brown Bag Lunch will begin a six session series on Being Reformed: Faith Seeking



Understanding, Confession of Belhar on Monday, September 13th at noon, location to be determined. The Belhar Confession emerged from South Africa as a witness of Christian faith against the sins of racism and focuses on major themes of unity, reconciliation, and justice in the context of the church's Trinitarian belief.

Explore what it means to be a confessional Church and to meet and confess our faith in the face of racism in its various forms. This confession was added to the PC(USA) Book of Confessions just a few years ago. Mac has ordered the curriculum, [please let him know via email if you would like to participate in the study](#). Books are available in the Karl Hudson Room for \$7.00. You may pay online here - [Faith Formation Books](#).



Seeing the Word

This monthly small group comes together for bible study and discussion on the third Monday of the month. It is next meeting on Monday, September 20th at noon, location to be determined. This group uses the St. John's Illuminated Bible to discuss a scripture using a visual image.



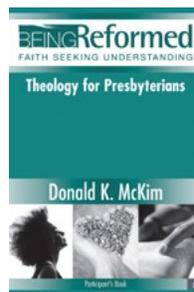
The Saint John's Bible is the first completely handwritten and illuminated Bible commissioned by a Benedictine abbey since the invention of the printing press. Beginning in 1970, master calligrapher Donald Jackson expressed in media interviews his lifelong dream of creating an illuminated Bible. Following a Saint John's University-sponsored calligraphy presentation at the Newberry Library in Chicago in 1995, Jackson discussed a handwritten Bible with Fr. Eric Hollas, former executive director of the Hill Museum & Manuscript Library at Saint John's University in Collegeville, Minnesota. Between 1996 and 1997, Saint John's explored the feasibility of the Bible project, Jackson created first samples, and theologians developed the illumination schema. The Saint John's Bible was officially commissioned in 1998 and funding opportunities were launched. The public was introduced to the project in 1999 and production was completed in 2011, with the final word penned in May 2011 and touch-up work completed by December 2011. The Saint John's Bible is divided into seven volumes and is two feet tall by three feet wide when open. The Bible is made of vellum, with 160 illuminations. Pastor Mac has just begun looking at New Testament Illuminations with the group. If new people would like to join the group this fall, all are welcome! [Please contact Pastor Mac if you'd like to be added to the distribution list.](#)

Faith Formation for Men

Presbyterian Pint



Presbyterian Pint will begin a six session series on Being Reformed: Faith Seeking Understanding, Theology For Presbyterians. This study focuses on what the Reformed and Presbyterian traditions have believed in the past and ways key theological understandings matter in our Christian



lives in the church today. Theological issues include the Bible, God, Jesus Christ, and the Holy Spirit. Being Reformed: Faith Seeking Understanding is a series of biblically based mini-courses that provides adults with a foundational understanding of the Reformed faith.

Each six-session study--written by well-known and respected scholars--features Scripture, prayer, in-depth commentary, and questions for reflection. Each study addresses its subject from a Reformed theological perspective. This series will begin on Thursday, September 23rd at 7 p.m., location to be determined Pastor Mac has ordered the study guide. [Please let him know if you'd like to participate and he will get you the study guide](#). Books are available in the Karl Hudson Room for \$7.00. You may pay online here - [Faith Formation Books](#).

Waking Up with the Word



Waking Up with the Word is a long running bible study for men. Two Tuesdays a month it meets by ZOOM and two Tuesdays it meets in-person on the Westminster Hall Patio. The group uses an ancient bible study process called Lectio Divina. We look at the passage that will be preached on the upcoming Sunday. The study revolves around three questions:

- *What is a word or phrase that stands out to you?*
- *Allow that word or phrase to develop into a memory from your life, a thought on the passage or metaphor*
- *What is Christ calling you to through the passage?*

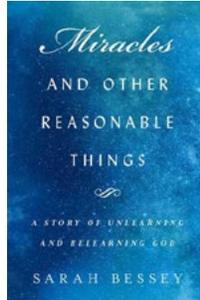
No previous bible study experience is needed. It is a great group of guys who are welcoming and wise in their comments. For our in-person meetings coffee and bibles are provided. [If you have questions or would like to be added to the email distribution list, please contact Pastor Mac.](#)

Faith Formation for Women

Women at the Well Fall Schedule

Women at the Well welcomes women of all ages and stages to join us! The two groups have a different format, time and content.

The weekly group is using *Miracles and Other Reasonable Things: A Story of Unlearning and Relearning God* by Sarah Bessey.



The monthly group meets on the fourth Thursday of each month at 6:00 pm (sometimes the third Thursday to avoid holidays etc.) and uses a podcast as the basis for discussion on topics of interest. Current podcast discussions include Kate Bowler, Will Willimon, Brené Brown and Krista Tippett.

Both groups are wonderful opportunities for women to get to know each other as we discuss the intersection of culture and faith and our own spiritual journeys. Each group met on Zoom until recently and while current plans are for in person meetings, this may be amended to return to Zoom if the Covid Delta variant continues to spread and local numbers continue to rise.

[For more information, contact Debbie Kirk.](#)

Music Department

Handbell Workshops

September 21 at 6:30 pm
September 28 at 6:30 pm
Westminster Hall



Have you ever -

- wanted to learn more about bell ringing?
- wanted to try your hand at ringing a bell?
- rang in the past but are feeling rusty?

These workshops are for you! You will have some hands-on ringing experiences and grow in your appreciation for this fun and meaningful music ministry.

For more information reach out to [Barbara](#)

Director of Music Ministries

A Note from Barbara Loehr-Fox



In finishing up this brief look into the roots of my ministry, I thought I would share how church music became important to me. I can not remember a time when religious music was not a part of my life. In my teen years, it moved from something I did to something that was a part of me. Many times, I experienced tears

welling up in my eyes or goosebumps forming on my skin during songs I was either listening to or singing. During my master's study, a visiting professor put those feelings into words I could understand. He called it the "Special World of Music" and was convinced that once people entered it, they never wanted to leave. Therefore, it was not surprising that after I graduated with my master's that January, I accepted my first job at a church. Up to that point, my life plan included a doctorate, lots of performing and ultimately teaching at the college level. However, once I entered ministry, I never wanted to leave. I felt I had found my niche.

In that first church, I was the Associate Director of Music, Director of Christian Education and by default the Director of Youth Ministries. It was baptism by fire because I did not feel qualified to do any of those ministries and because the responsibilities exceeded anything one person could do. It was perfect for me! If that experience did not send me packing nothing afterwards would. I even started a doctorate degree a few years later, trying to get back into my original life plan. What I found out was that the degree and plan no longer seemed important to me. My path was set.

Through the years, I have been given blessings upon blessings. I have felt the presence of God through many wonderful people and experiences. Each church renewed my resolve and broadened my ministry. It is with this sense of vocational calling and a feeling of deep gratitude that I begin my time with you.

Be sure to introduce yourself to me and prayerfully consider how you can become a part of the vital music ministry here.

Many blessings,
Barbara

Youth Ministry

Youth Programs

Sunday Mornings:

- **THIS SUNDAY!!! The Explorers (grades 5-7)** Sunday School Class will begin after Labor Day on Sunday, September 12 during our regular church education hour. (9:30 - 10:20am) We will meet in the Explorers Class Room! See you there!!!
- **2022 Confirmation Class Kick-Off THIS SUNDAY!** (8th Grade and Older) – The Confirmation Class will meet for their first Sunday morning gathering on Sunday, September 12 in the Confirmation Class Room. Parents are invited as well. Confirmands need to have someone in mind to be their official Confirmation Mentor. This can be any adult who is a part of the HMPC family. If you have any questions, feel free to contact Rich Richards.

Sunday Afternoons:

- **THIS SUNDAY is the Fall Kick-off for Middle and High School Youth Group** (September 12 at the church) This event for youth, their parents and, of course, our wonderful Youth Advisors.
- **NOTE:** This year the schedule is a bit different than previous years. Also, there will NOT be a meal component as a part of Youth Group. Snacks and drinks although will be provided.
- **4:30 pm - 5:00 pm - Youth Music** with Barbara - Youth interested in participating in the music program here at HMPC.
- **5:00 pm - 6:30 pm - Youth Group (Middle School grades 5-8 and High School grades 9-12)** Come join us for recreation, study, mission and worship activities balanced throughout the year.

[Contact Rich Richards here](#)

Chancel Guild

Flower Donations

Secure a date to honor or remember someone with a floral arrangement. To sign up, or for more information, refer to the flowers bulletin board outside room #103 or call Pat Cash at 919-787-1086.



HMPC Foundation

Foundation Birthday Gifts

The following members and friends have donated to the Foundation Birthday Fund:
Malcolm Williams
Jack Llewellyn
Caroline Smart

Tend My Sheep

Diaper Train for September

In September, Hudson will be collecting diapers and wipes for The Diaper Train. The Diaper Train provides diapers to low-income families in Wake County, improving the lives of babies



and toddlers. The program is run by volunteers and serves over 500 children each month. Volunteers work with churches, businesses, schools and civic groups to collect diapers, baby wipes and children's books.

Please bring your donations to church with you on Sunday, September 26th, or drop off at the church office during the week before.

Missions

Presbyterian Campus Ministries

Special Offering for Presbyterian Campus Ministries



Presbyterian
Campus
Ministry

North Carolina State University
Meredith College
Peace College
Shaw University
St. Augustine College

We will be receiving a Special Offering for Presbyterian Campus Ministries in September. As an extension of the ministry of the Presbyterian Church (USA), PCM of Raleigh seeks to be a unique voice of God's grace on the college campuses in our community. You may drop your donation in the

church's mailbox (under the large oak, across from the office,) mail it, donate online or text to give. **Here is how to text to give: Here is how to text to give:** Text amount to 888-906-0744. (example: 25 pcm).

Inquirer's Class

Sunday, September 19

The Inquirers Class, for those interested in membership, will be held early afternoon on Sunday, September 19th, in-person and Zoom options available. The class covers what it means to be a Christian, a Presbyterian, and a member of Hudson Memorial. [New Member Information Forms are available here.](#) Please submit the forms no later than Wednesday, September 15th. [Please contact Debbie Kirk if you are interested.](#)



Three Ways to Give at Hudson Memorial



Mail to
HMPC
4921 Six Forks Rd.
Raleigh 27609



Online at HMPC.ORG



Text to Give to
888-906-0744

Calendar

Sunday, September 12

- 9:30 am - Joyful Noise - GH
- 9:30 am - Adult Faith Formation
- 9:30 am - Explorers SS - Room 226; Confirmation Class - Room 234
- 10:30 am - Worship
- 10:45 am - Children's SS - Playgarden
- 11:30 am - Fellowship
- 4:30 pm - Youth Music
- 5:00 pm - MS & HS Youth Group

Monday, September 13

- 10 am - Bell Polishing - WH South
- 12 Noon - Brown Bag - Parlor
- 5:30 pm - Personnel - KH
- 8 pm - Alanon, AlaTeen, AlaKid - GH, 227, 236

Tuesday, September 14

- 6:30 am - Waking Up With the Word - Zoom
- 9:30 am - Staff Meeting - Zoom
- 11 am - Elizabeth/Rachel Circle - Zoom
- 11:45 am - Hannah Circle - West Lawn
- 6:30 pm - HMP Board - Zoom
- 7 pm - Adult Ed - Zoom
- 7:30 pm - Miriam Circle - Zoom
- 7:30 pm - Boy Scouts - GH, 234

Wednesday, September 15

- 9:15 am - Women at the Well - Parlor
- 6:15 pm - Handbells -
- 7:30 pm - Chancel Choir

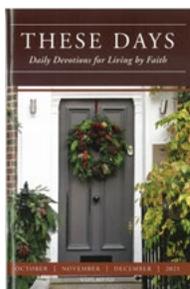
Thursday, September 16

- 7 pm - Mission Committee - Zoom

Sunday, September 19

- 9:30 am - Joyful Noise - GH
- 9:30 am - Adult Faith Formation
- 9:30 am - Explorers SS - Room 226; Confirmation Class - Room 234
- 10:30 am - Worship
- 10:45 am - Children's SS - Playgarden
- 11:30 am - Fellowship
- 4:30 pm - Youth Music
- 5:00 pm - MS & HS Youth Group

Devotional



These Days

October-December Issue Is Here!

The October-December issue of *These Days* has arrived. Copies are available at the entrances. [Please contact Pat Cash,](#) 919-787-1086, if you would like one mailed to you.

Worship & The Arts

Live-Streaming Sunday Worship

For those unable to attend worship in person, we will be live streaming the services. Please know that the live streams will also be recorded and posted on the church YouTube channel, as well as the church website.

[Click here to live-stream this Sunday's 10:30 am service.](#)

Sound Technicians Needed - We are in great need of people to help run our sound system and stream our service. All that is required are good ears and a willingness to learn. If interested, contact Pepper or someone at the soundboard. We so appreciate our present sound team: John Whisler, Barton Meeks, plus new streamers, Sarah Bedini, Erik Jacobsen, Tiya Komono, Mia Komono.

Nursery is Open



on Sundays!

Our nursery is open during worship. Your children from birth to 3 years old will be safely taken care of by our compassionate, trained, and responsible childcare workers.

[Contact Cary Dickerson, Interim Director of Children's Ministries if you have any questions.](#)

Carol Yeargin to Retire Sunday Morning November 1st Childcare Workers



Carol Yeargin has faithfully served as Hudson Memorial Presbyterian Church's organist since 2007. In her communications to Pastor Mac Schafer she said, "I have truly enjoyed and sincerely appreciate the support and encouragement provided to me during my 14 years as part of the music ministry. The positive and professional atmosphere created by staff, choir, and

congregation will be cherished. While I look forward to enjoying my retirement, I will certainly miss being part of the Hudson team and trust our friendships will last long into the future." Carol & Pastor Mac had been quietly communicating about the possibility of her retirement over the past year. Carol was committed to helping Hudson transition to a new Director of Music Ministries, before making her announcement.

We are deeply grateful for Carol's 14 years of service. She has deepened our congregations ability to worship on Sundays, at weddings, in memorial services and more. Her playing, whether it be organ or piano, has supported the choir and congregation and given us all the confidence to sing boldly. Her preludes, postludes and offertory pieces have caused us all to pause and meditate on God's goodness in the midst of a busy and frantic world.

Carol has been actively playing organ and piano for Sunday worship in churches since the age of 16. Her retirement date is scheduled for November 1st. We are thrilled to have several more months to celebrate the gifts with which God has blessed her. Thanks be to God for Carol Yeargin!

Office

Notary

Pat Cash, Church Business Administrator, is a Notary Public. If you have a need for a Notary, [please contact her](#), or give her a call at 919-787-1086 to set up a time to have your document notarized. We will follow Hudson's guidelines to safely distance.

Hudson Memorial Presbyterian Church is looking for caring, reliable childcare workers for our church nursery! This is a part-time opportunity on Sunday mornings from 9:00 am - noon. Please send a resume or inquiry email to [Cary Dickerson, Interim Director of Children and Family Ministries](#)

Part-time Communications Specialist

Hudson Memorial Presbyterian Church is looking for a part-time (25 hours per week) Communications Specialist. This position will be responsible for all marketing and publication materials put out to the public and members of the church. The position supports staff, officers and ministry leaders in conveying the church vision and message to their target audience.

Responsibilities include branding, electronic resources and printed materials. Hudson is looking for an excellent communicator with the capacity to produce high quality work and juggle multiple projects.

Applicants should have proficient knowledge of social media and strong technical skills with Adobe Creative Suite and Microsoft Office. A Bachelor's degree with concentration in Communications or Marketing is preferred.

If you know someone who might be interested in the position please have them send a cover letter and resume to jobs@hmhc.org. The successful candidate will be not be a Hudson member or family member.

From the HMPC Staff

Staff Email Addresses

When you receive an email from one of Hudson's staff members, please verify that the email address is their first initial then last name @hmhc.org - examples - mschafer@hmhc.org, dkirk@hmhc.org.

There have been some spam emails being sent, making them look like they are coming from the church. In those cases, the "from" email address is not correct. If you receive those, please do not respond or click on any links.



4921 Six Forks Road, Raleigh, NC 27609
(919) 787-1086 Fax (919) 510-9990
www.hmpc.org

RETURN SERVICE REQUESTED

Hunger Action

Share Your Bounty With Others

Calling all gardeners! Too many tomatoes, zucchini, etc.? Did you know that you can donate what you don't need to the Interfaith Food Shuttle through their Plant a



Row for the Hungry program? Plant a Row for the Hungry encourages garden communities and individuals to donate fresh vegetables, fruit, and herbs to people in need. The Food Shuttle is the Plant a Row partner in the Triangle, distributing your home-grown produce to local food pantries, shelters, and other hunger-relief organizations. Just one pound of your fresh produce supplements four meals. We cannot accept produce grown with animal manure not composted to USDA Organic standards or sprayed with pesticides within two weeks of harvest. If you have food from your gardens to share, contact Andrea Mouw armouw@gmail.com You can drop your produce off at her home (near Carroll Middle School) Scott Mouw will take it to IFFS on Fridays.

Staff Directory

Mac Schafer – Pastor & Head of Staff -
mschafer@hmpc.org

Debbie Kirk – Associate Pastor, Spiritual Growth & Nurture - dkirk@hmpc.org

Aleta Ash, Minister of Visitation – aash@hmpc.org

Barbara Loehr-Fox, Director of Music Ministries
bloehr-fox@hmpc.org

Rich Richards, Interim Director of Youth Ministries –
rrichards@hmpc.org

Cary Dickerson, Interim Director of Children & Family Ministries – cdickerson@hmpc.org

Gina Hayek, Director of Joyful Noise – ghayek@hmpc.org

Carol Yeargin, Organist – carolyeargin@gmail.com

Pat Cash, Business Administrator – pcash@hmpc.org

Cheri Thomas, Bookkeeper - cthomas@hmpc.org

Dorothy Roche, Preschool Director – droche@hmpc.org

Joyce Hawkins, Assistant Preschool Director –
jhawkins@hmpc.org

Hope Parangi, Church Hostess – hparangi@yahoo.com