

HMPC Youth Sabbath Sunday

10/13/24

SABBATH SUNDAYS (Family Devotion) - AT HOME or RESTAURANT

This time is set apart so that you have a chance to be together, eat together and grow in faith together as a “family”...however your expression of family looks. **(All things optional)**

1. Pray

Prayer: God of rest and renewal, Thank you for this day, for this season of life and all of its fullness. Thank you for family and a chance to breathe deeply this day. Help us to breathe in Your grace and breathe out our anxieties. Help us connect to Your Holy Spirit through this time of devotion. We pray in the name of Jesus. Amen.

2. Read

Scripture: *Genesis 15:1-6 (The Message)*

15 After all these things, this word of God came to Abram in a vision: “Don’t be afraid, Abram. I’m your shield. Your reward will be grand!”**2-3** Abram said, “God, Master, what use are your gifts as long as I’m childless and Eliezer of Damascus is going to inherit everything?” Abram continued, “See, you’ve given me no children, and now a mere house servant is going to get it all.”**4** Then God’s Message came: “Don’t worry, he won’t be your heir; a son from your body will be your heir.”**5** Then he took him outside and said, “Look at the sky. Count the stars. Can you do it? Count your descendants! You’re going to have a big family, Abram!”**6** And he believed! Believed God! God declared him “Set-Right-with-God.”

3. & 4. Reflect and Listen

Reflect

- Q:** Put yourself in Abram’s shoes in all his frustrations with God. When God said, “Don’t worry...” How might have you reacted to these words?
- Q:** Has there ever been a time when you’ve thrown up your hands in the air and asked God, “What in the world are you up to? What are you not “there” for me? I’ve prayed and prayed... and still _____! How did it feel?
- Q:** This morning in Worship, Dr. Rev. Bruce Grady gave a sermon entitled, “It’s Bigger Than You!” Do you ever look up in the sky and think, wow, this earth is just a small part of what’s really going on. How does this concept of something greater than you effect your faith either positively or negatively?

TURN OVER FOR REMAINING PLAN

Listen: “How Can We Not Believe?” By Ben Harper and Ellen Harper (his mom)

Was so beautiful how could we not believe
So beautiful how could we not believe
We love, We grieve
Then all seek our reprieve
So beautiful how could we not believe
Was so beautiful we had to stand aside
So beautiful we had to stand aside
We had to stand aside, With our arms open wide
So beautiful we had to stand aside
Was so beautiful we had to close our eyes
So beautiful we had to close our eyes
And listen to the sound, It could be heard miles around
So beautiful we had to close our eyes
So beautiful to be free from my name
So beautiful to be free from my name
To be free from my name
And all those who lay claim
So beautiful to be free from my name
Was so beautiful how could we not believe
So beautiful how could we not believe
How could we not believe
Having lived through times like these
So beautiful how could we not believe
So beautiful how could we not believe
So beautiful how could we not believe

QUESTION: Has something (in nature) ever caught your eye and after seeing “it” thought to yourself, “there is no question...there HAS to be a God.” OR have you ever had questions about creation or existence and how your belief or doubt has played a part in God’s place in your life?

5. Pray: Ask a member of the family to offer this prayer.

Loving God, Thank you for this time of devotion. Help us to continue to breathe in your grace and breathe out our anxieties and fears. May we know the ALL are always welcome at your table. Help us to continue to pull up seats for ourselves and others, particularly those who may not think they have a place at the table.

We pray in the name of Jesus. Amen.