

THIS SABBATH SUNDAY IS MODELED OFF OF [d365.org](http://d365.org) DAILY DEVOTIONALS. FOR THE SEASON OF LENT this year, I ENCOURAGE YOU TO GO TO [d365.org](http://d365.org) DAILY

*Lent is the time to reflect on Christ's ministry, death, and resurrection. We slow down, take time, and examine our internal spiritual lives and the way we live out our Christian faith in the world around us.*

### **1. PAUSE**

In the midst of silence, think of a word or phrase that describes Jesus to you today. Hold to that word/phrase and settle into it each time you feel stressed, rushed, saddened, hopeful, or thankful, and be reminded of the love that created us and sustains us.

### **2. LISTEN - John 2:18-22**

Then the Jewish leaders asked him, "By what authority are you doing these things? What miraculous sign will you show us?" Jesus answered, "Destroy this temple and in three days I'll raise it up." The Jewish leaders replied, "It took forty-six years to build this temple, and you will raise it up in three days?" But the temple Jesus was talking about was his body. After he was raised from the dead, his disciples remembered what he had said, and they believed the scripture and the word that Jesus had spoken.

### **3. THINK**

Authority is one of those words that can take on a lot of different meanings for us. As we become older and more responsible, we often see ourselves in places of authority, or at least we think we are in authority, anyway.

Jesus found the crowd in the temple where people were selling animals and exchanging money. He flipped the tables, and the Jewish leaders said, "By what authority are you doing these things?" Jesus answered, "Destroy the temple and in three days I will raise it up." If we stop reading there, we miss the foretelling of what Jesus was really saying. It took a while for the leaders to discover what Jesus was revealing about himself. They seemed to dismiss what he said because it didn't make sense to them. I wonder what would've happened if they had listened more deeply, seeking understanding. Sometimes we need to slow down and pay attention, even when things don't make sense to us.

### **4. PRAY**

Jesus,  
may I slow down to listen to you  
and what you are trying to show me and tell me.  
Amen.